

## 1 DAY MONTESSORI FOOTBALL WORKSHOP - AGE 3-6

*“Tennis, football and the like do not have for their sole purpose the accurate moving of a ball but they challenge us to acquire a new skill -something lacking before - and this feeling of enhancing our abilities is the real source of delight in the game”*

**Maria Montessori**

This workshop is for everyone who (dis)believes that sports and Montessori complement each other.

With hundreds of millions of children and adults playing and enjoying the game, football is by far the most popular sports in the world. Since football is universal in its appeal to children, we can tap into it to accelerate learning.

It is a scientific fact that sports can enhance physical, psychological, social and academic development of children leading to stronger, healthier and more productive adults. The Montessori environment is the best environment for the development of the child, therefore also for sports development.

The Montessori Football program is unique in the sense that it focuses on training (Montessori) teachers, rather than sports trainers. The Montessori Football program places the child central in the sports training, while incorporating Montessori teaching principles and practices.

### **Attend this workshop and learn:**

- About the benefits of sports and football to the Montessori child (3-6 years)
- The concept of connecting Montessori principles to football training
- The basic tenets of a prepared football environment
- To develop your own ball skills
- To observe football training videos

Participants will receive an official certificate of attendance provided by Montessori Football and Association Montessori Internationale (AMI).

Participants will have to wear sporty clothes and bring their own lunch and writing materials.

### **COST:**

\$250 for full day (9am - 5pm)

### **VENUE:**

Melbourne Montessori School: 6 Roselea Street, Caulfield South VIC 3162

### **2019 DATES:**

Select from Saturday May 4th, Saturday May 11th or Sunday June 2nd

### **REGISTRATION FORM:**

Please contact Jip Bartels directly to receive a registration form:

Ph: +61 431 838 395

E: [jjip@montessori-football.com](mailto:jjip@montessori-football.com)

*Montessori Football: We empower Montessori Schools to let children enjoy sports, enhancing their overall development.*

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### MONTESSORI FOOTBALL TRAINER: Jip Bartels



Jip is a former player of the AFC Ajax youth academy and Dutch national youth teams. He is an experienced youth coach with more than 20 years of experience as a (professional) soccer player. Since the start of 2018, Jip has managed Montessori Football programs in Australia with great enthusiasm. His goal is to implement the Montessori Football program throughout Montessori schools in Australia.

Jip supports schools and teachers to set up their own sports program at their school. He believes that sports and Montessori is the best combination for young children to develop their full potential.

#### Qualifications

- Bachelor (Hons) in Public Administration & Organisation, VU University of Amsterdam
- Master in Business Administration, University of Amsterdam
- Cruyff Montessori Introductory Coaching Course, Amsterdam 2017
- AMI Montessori Assistants Certificate, Melbourne 2018
- AMI Montessori Football Course, Melbourne 2018

### TESTIMONIALS:

*"In the last decade I've observed the greatest football academies and many recreational clubs around the world and studied the empirical data. I've concluded that in this football world it is not about the child, but it is about the coach, the result, the parent or the club. Fortunately there is an environment that is prepared for the enormous benefits of this great game, and that is the Montessori environment."*

**Ruben Jongkind, CEO Montessori Football**

*"Montessori Football brings excitement, passion, a love of football and elite-level skills to our students. We have quadrupled the numbers in our after school programmes!"*

**Gay Wales, Principal, Melbourne Montessori School and Founding Partner**

### WORKSHOP SCHEDULE:

#### Benefits of football for the Montessori child

- Perception of sports in the Montessori world
- Physical, social and mental benefits of football
- Application of football in Montessori schools

#### Youth Football Paradigms

- The coach paradigm
- The player paradigm
- The relative age effect in youth football

#### The development of the total footballer

- The four planes connected to football
- Organisational structures and development

#### Control of body, mind & ball

- Functional movement, strength and lifestyle
- Self-regulation and coping
- Football skills

#### Practical session: introduction of football materials

- Play and interact with football materials

#### Reflection